

What do your fellow parishioners say about Alpha?

I deepened my faith and learned the value and importance of building community within the church

Strengthened my faith, met wonderful friends creating a greater connection with God.

Alpha allowed me to open up and share to others without fearing judgement

It truly was a beautiful blessing to share my faith more deeply. Understanding ways to move and grow in my faith. Most importantly to share the good news with others.

Learned more about my faith that I did not know before the program, and I will continue to learn more even after the program finishes

Welcome

Welcome and meet some new people over dinner. Pray, sing, and laugh.

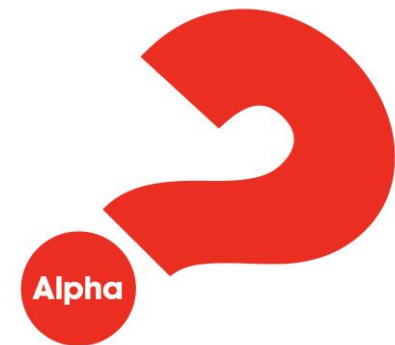
Watch

Each Alpha evening features a 25-minute film. Designed to inspire more questions than provide answers, these short films explore the big issues around faith and unpack the basics of Christianity, addressing questions such as 'Who is Jesus?' and 'How can we have faith?'

Discuss

After the film, we move to breakout rooms and your hosts will lead conversations in small groups where you can share your thoughts about faith and life and hear from others in your group. You can feel free to say whatever you like or as little as you like, it's up to you.

Alpha Paterson



What is Alpha?

Alpha is a series of group conversations that explore life, spirituality, and faith through a Christian lens. We create a non-judgmental and open environment where it's easy for anyone who is curious about faith to explore questions of life with new friends.

Who's it for?

Alpha is for anyone who's curious. The talks are designed to encourage conversation and explore the basics of the Christian faith in a friendly, open, and informal environment. No question is out of bounds, and you are free to discuss as much or as little as you wish.

How does it work?

Each session includes a welcome, dinner, a short talk, and a discussion at the end where you can share your thoughts. There's no pressure and no follow up.

Alpha Sessions

Thursday Evenings from 6:30pm to 8:15pm

January 15th - Is there more to life than this?

January 22nd - Who is Jesus?

January 29th - Why did Jesus die?

February 5th - How can I have faith?

February 12th - Why and How should I pray?

February 19th - Why and how should I read the Bible?

February 26th - How does God guide us?

March 5th – How can I resist Evil?

March 12th – Why and how should I tell others?

March 19th – Does God heal today?

March 26th - What about the Church?

Weekend Retreat In March

The Holy Spirit

Registration Information

- **Online at www.svmnj.org/alpha**

Over 29 million people have experienced Alpha. 84,000 courses are running in 112 languages in 169 countries worldwide.

“How many important things unite us! If we really believe in the abundantly free working of the Holy Spirit, we can learn so much from one another! It is not just about being better informed about others, but rather about reaping what the Spirit has sown in them, which is also meant to be a gift for us.”

Pope Francis, *Evangelii Gaudium*, 246

Contact Us

Matthew Bradford
usabradfords@gmail.com

Jan Figenshu
jfigenshu@gmail.com